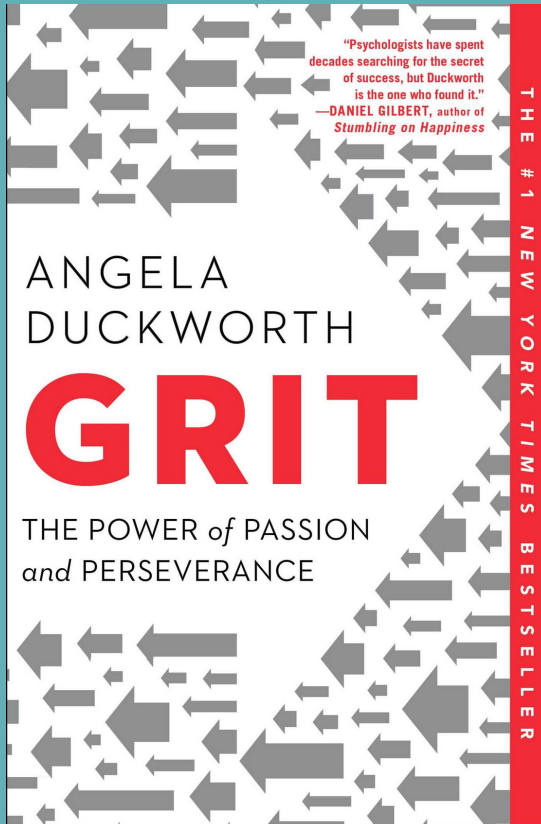


ZACK'S FIVE FAVORITE QUOTES AND LESSONS

Grit

Angela Duckworth



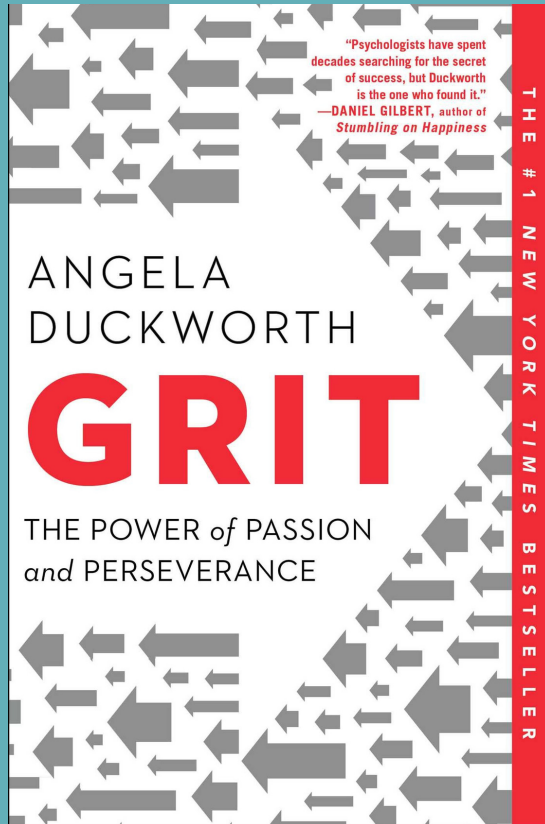
Being passionate about your work:

*Passion for your work is a little bit of **discovery**, followed by a lot of **development**, and then a lifetime of **deepening**.*



Finding purpose in your work:

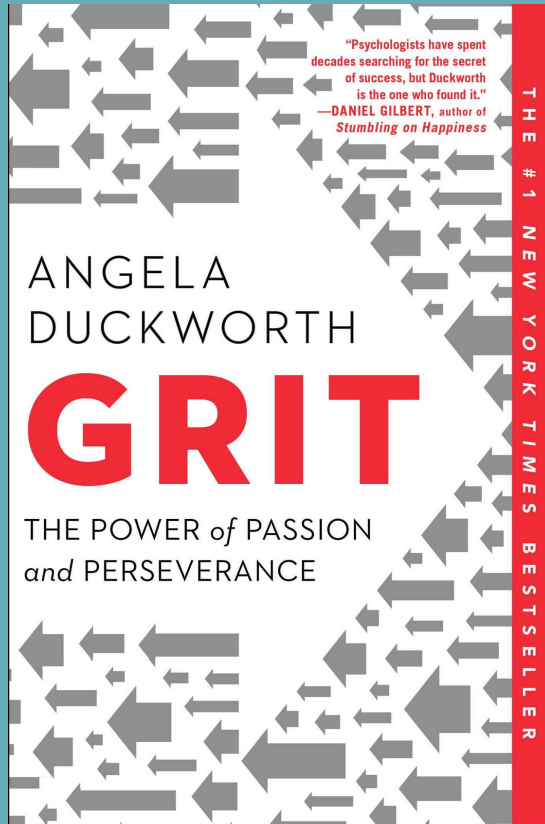
*If you take a moment to reflect on the times in your life when you've really been at your best ... you'll realize that the goals you achieved were connected in some way, shape, or form **to the benefit of other people.***





The gritty kind of hope:

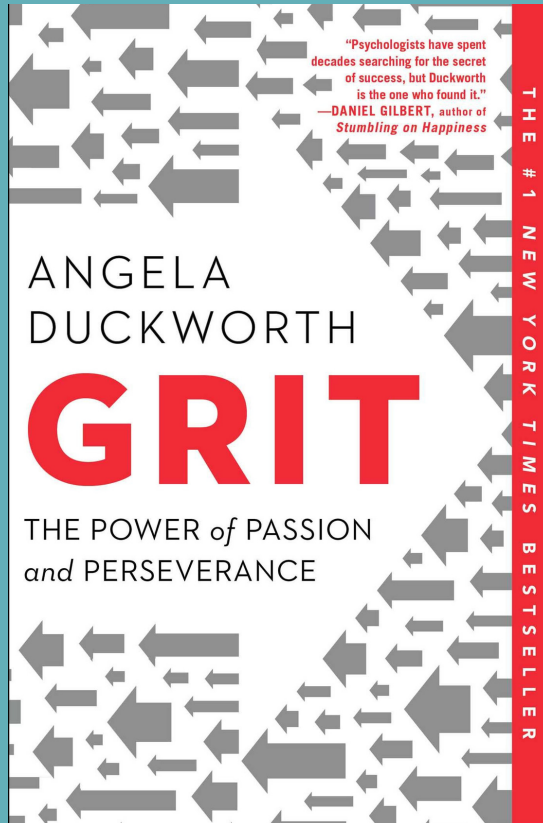
*Grit depends on a different kind of hope. It rests on the expectation that our own efforts can improve our future. ... The hope that gritty people have has **nothing to do with luck** and **everything to do with getting up again.***

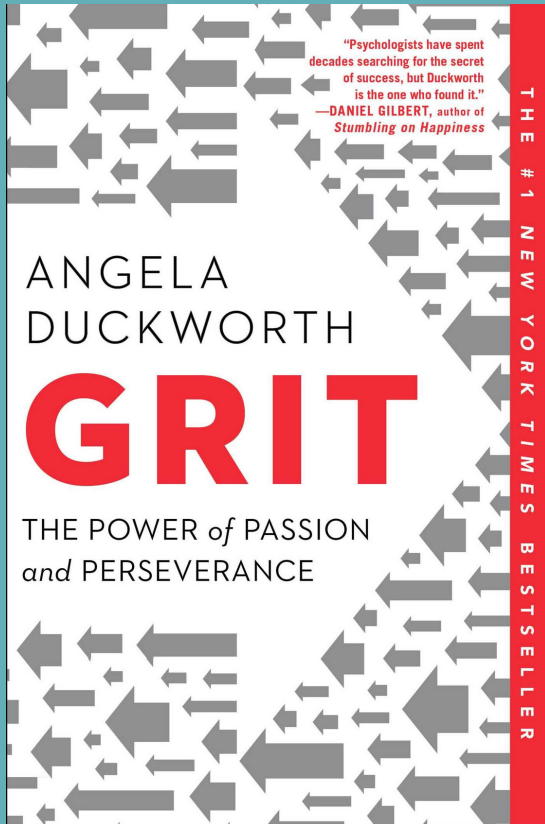




Importance of a gritty culture:

*If you want to be grittier, **find a gritty culture** and join it. If you're a leader, and you want the people in your organization to be grittier, **create a gritty culture.***

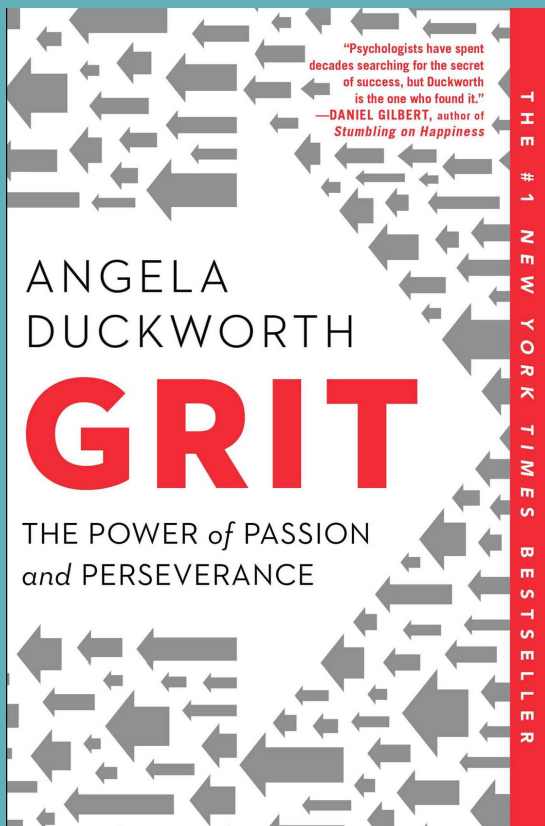




Being surrounded by gritty people:

*There's a hard way to get grit and an easy way. The hard way is to do it by yourself. The easy way is to use conformity - the basic human drive to fit in - because **if you're around a lot of people who are gritty, you're going to act grittier.***

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Compiled and designed by Zack Raab (zackraab.com)